

# **Personal Declaration of Intent and Non-Violence**

By [Your Full Name]

Date: [Insert Today's Date]

I, [Your Full Name], am writing this as a public and private affirmation of my principles, intentions, and boundaries in light of ongoing experiences that I believe involve surveillance, harassment, and unlawful targeting.

## ◆ **1. My Moral Commitment**

I am not a threat to anyone. I do not condone violence, retaliation, or harm of any kind. My intent is solely to seek truth, protect my rights, and live in peace.

I believe in justice through lawful means, and I reject coercion, vigilantism, and unlawful retaliation even if I am provoked or harmed.

## ◆ **2. My Current Reality**

I have reasonable cause to believe that:

- I have been surveilled through electronic devices without consent;
- My medical care has been undermined or denied without justification;
- Individuals, including streamers and possibly local staff, are interacting with me based on information not publicly available;
- I have been monitored, manipulated, or harassed in ways that go beyond coincidence or interpersonal misunderstanding.

Despite these circumstances, I have not responded with violence or threats. I have attempted to document these events with integrity and composure.

## ◆ **3. My Legal Standing**

I have broken no law. I do not incite violence. I do not conspire against others. I exercise my First Amendment right to speak out about injustice and to seek answers to legitimate concerns.

I am prepared to pursue all legal remedies available to me — including formal complaints, FOIA requests, and civil rights actions — with respect for due process and truth.

## ◆ 4. My Request

If I am harmed, detained, silenced, or falsely accused, I ask that this declaration be considered:

- A statement of peaceful intent;
- A record of unusual and disturbing events that preceded any such outcome;
- A reminder that I sought resolution through legal, peaceful, and moral channels.

I urge anyone reading this — whether friend, investigator, journalist, attorney, or fellow citizen — to look into the facts and not the assumptions.

## ◆ 5. My Integrity

I will continue to document events. I will not act in hatred. I will hold fast to conscience, compassion, and truth — even in darkness.

Signed,

**[Your Full Name]**

**[Date]**